

# How to Practice

## for kids!

### Rule 1: Walk, don't run

Have you ever run faster than your legs could handle and fallen flat on your face? That can happen in music too. Always practice your music at a speed that lets you stay in control.

### Rule 2: Always use your listening ears

Sometimes we get really focused on looking at the notes on the page and we forget to listen to the sounds of the music. Don't forget to check once in a while to make sure your ears are still working.

### Rule 3: Freeze

When you make a mistake, stop right away! Don't keep going. Go back and fix the mistake. Just practice that one little spot until it's perfect, then you can keep going.

### Rule 4: Celebrate your success

When you've worked really hard on something and can finally do it, make sure you pat yourself on the back. When you come back to that part of the music later, don't remember it as being hard, remember that you can do it!

### Rule 5: Stay flexible

When you play a game, you might have a plan, but sometimes the other team does something that makes you change your plan. You've got to be flexible, ready for anything. When you play music, it won't always come out the same way, but you can be ready for anything if you practice that way.